



SWIFT STEPPER 1200

Exercise Steppers

SWIFT STEPPER 1200

We manufacture another product to take care of the fitness of people, basically designed for the proper exercising of legs and thighs.

Specifications:

- **Program:** 4 Preset Programs' levels), 2 Heart Rate Control Programs, 1 Customs Program and Manual.
- **Display Features:** Elapsed Time, Calories Burned, Mets, Steps per Minute, Heart Rate, Distance, Work Stage, Load level
- **User Capacity:** 150 KG, Continuous duty
- **Resistance:** Electro Magnetic resistance braking.
- **Weight:** 65 Kg.
- **Dimensions:** 990mm (L) X 590mm (W) X 152mm (H)
- **Floor Space:** 990mm (L) X 590mm (W)
- **Console:** Interactive dot Matrix Display and 3 LED windows for continual feedback.





SWIFT ELLIPTICAL 1300

Elliptical Trainer

We also manufacture stationary elliptical Machines, for Cardiovascular Vascular exercises like walking and running. This console runs through alternating current and is capable in including large number of muscle groups while working out process.

Specifications:

- **Display Features:** Message Center - Start-Up information, Time, Distance, RPM, Heart Rate, Work Level, Watts, Mets and Calories. Dot Matrix Display 8 x 16, Displays Workout Profiles, 30 sec. Pause/Recall.
- **Resistance Levels:** 1-16 Pre-programs (35-400 Watts) Manual (35-450 Watts)
- **Dimensions:** 1880mm (L) x 690mm (W) x 1540mm (H)
- **Weight:** 108 Kg.
- **Additions:** Interactive Arms feature Thumb Controls and Contact Heart Rate grips.
- **Footprint:** 14.2 Square Feet]
- **Console:** 6 Pre-programs (Customs, Fit Test, Hill Interval, Valley, Rolling, Fat Burn) 1 Cardio Prograrri (Heart Rate Control (HRC) with Cruise Control and 1 Quick Start [Manual].

